



KeeKee's Daily Acts of Kindness

Join KeeKee in spreading kindness around the world! Here are simple ways you can make someone smile every day.

Kindness Done By:

At Home

- Make your bed without being asked.
- Draw a picture for someone in your family.
- Help set or clear the table.
- Tell each family member something you love about them.
- Call your Grandparents.
- Give a hug.
- Feed the birds.
- Clean up your room without being asked.

At School

- Invite someone new to sit with you at lunch.
- Share school supplies with someone who needs them.
- Help a classmate who's struggling with homework.
- Say "thank you" to your teacher or write a thank you note.
- Play with someone new.

In Your Community

- Pick up litter in your neighborhood.
- Hold the door open for someone.
- Make a card for someone who might be lonely.
- Donate books or toys you've outgrown.

Surprise Kindness

- Leave happy notes for others to find.
- Give someone a genuine compliment.
- Share a smile with everyone you meet.
- Learn to say "thank you" in different languages.
- Color a picture for someone.
- Give someone flowers.

My Kindness Journey

For each act of kindness you perform color in a shape. Try to fill in all the shapes for a week.

Sunday



Monday



Tuesday



Wednesday



Thursday



Friday



Saturday



Visit KeeKeesBigAdventures.com/Activities for more free activities.